office printable .com

NO-SPEND DAYS

Year tracker

YEAR

GOAL (NO-SPEND DAYS PER MONTH)

WHAT A NO-SPEND DAY MEANS FOR ME

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Jan																															
Feb																															
Mar																															
Apr																															
May																															
Jun																															
Jul																															
Aug																															
Sep																															
Oct																															
Nov																															
Dec																															

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
No-spend days													
Money saved ($)													

Best streak

Money saved went to